

## FOI Request 5808332 – Lifestyle Improvement Services

Dear Sir/Madam

I am writing to make an open government request for all the information to which I am entitled under the Freedom of Information Act 2000.

Please confirm if it is the intention of the authority to commission or recommissioning, a combination of “lifestyle improvement services” as an integrated lifestyle service, or similar, in 2020. For the purpose of this FOI request, lifestyle improvement services include.

- **Adult Weight Management**  
The Council commission adult and child weight management via the leisure management contract (2018 – 2028)
- **Child Weight Management**  
The Council commission adult and child weight management via the leisure management contract (2018 – 2028). We also commission healthy weight nurses through our Healthy Child Programme provider.
- **Family Weight Management**  
We currently do not commission this service
- **Smoking Cessation/NHS Health Checks**  
Public health intend to re-commission Smoking cessation services and delivery of NHS Health Checks in 2020. This may be as part of a combined Community Based Services contract or as separate contracts, this is yet to be decided.
- **Drug and Alcohol Support**  
Public Health have recently retendered this contract, the winning bidder will be announced shortly
- **Physical Activity**  
Physical activity is included as part of the leisure management contract (2018 – 2028).  
Any future commissioning opportunities will be conducted in partnership with the Fit & Active Barnet Partnership in alignment with corporate procurement rules.
- **Digital or Remote Lifestyle Support**  
Digital lifestyle support – active travel app in development via the leisure management contract (2018 – 2028) in partnership with our leisure operator (Better) and Middlesex University. Any future commissioning opportunities in respect of ‘digital’ products will be conducted in partnership with the Fit & Active Barnet Partnership in alignment with corporate procurement rules. OneYou website, DrinkCoach, Tobacco London platform and Good Thinking for mental health are also to be commissioned for next year.