

Community Innovation Fund
Successful applications (1st and 2nd round)

The key objectives of the fund are to support:

- strengthening the range of early intervention and prevention projects
- the development of a stronger, more resilient and sustained community sector that can develop collaborative partnerships
- community-based projects that seeks to support residents most impacted by COVID-19 and other health inequalities. This will include residents from Black, Asian and ethnically diverse communities, the elderly and people with disabilities.

Organisation	Priority	Summary of the project	Amount
Westminster Roman Catholic Diocese Trustee ICP01/B/P1/04	1	The project aims to develop an Online Carers Forum for unpaid carers of adults with learning disabilities living in Barnet. The panel thought this was a strong bid which very closely aligned with the aims of this priority and in providing unpaid carers of adults with learning disabilities with increased mental and emotional health, decreased isolation, being more informed and improved relationships would meet the expected outcomes.	£9,918.00
Community Focus Inclusive Arts ICP01/B/P2/03	2	Using art to improve the well-being of disadvantaged residents targeted at over 55 years. The project will use arts to develop residents digital skills, as well as digital support peer networks. The panel considered this to be a strong bid, with a good programme offered and effective method to identify clients.	£9,937.50
Barnet Citizens Advice ICP01/C/P3/07	3	The programme will create a CAB adviser to provide support to enable those who are self-employed to stay in business, such as advice on business debt, and to those currently unemployed to set up a business. The panel thought this was a very strong bid, clear on how the project would link with wider work to amplify reach and benefits.	£63,552.00
Twining Enterprise ICP01/C/P3/05	3	The programme will provide 4 Employment Specialists to support 100 clients per year with mental health problems overcome their challenges to	£19,802.95

		secure sustained employment. The panel considered this to be a strong bid, offering good value for money.	
The Arts Depot Trust Limited ICP01/B/P4/01	4	A falls prevention dance and movement outreach programme designed by dance artists specialists and an NHS Frailty Lead Physiotherapist. The panel considered this a strong bid, with well-planned legacy arrangements, offering good VFM and aligning very closely with the desired outcomes.	£10,000.00
Community Network Group CIC ICP01/B/P4/03	4	Support programme for over 40 Farsi speaking, isolated elderly people with weekly exercise sessions, emotional wellbeing workshops and digital inclusion lessons. The panel thought this was strong bid, targeting a hard to reach group	£10,000.00
Stonegrove Community Trust ICP01/B/P4/04	4	Funding for a Postural Stability Instructor to work within Rehab services in the NHS, delivering two classes per week to help people to regain lost mobility. The panel considered this a very strong bid, offering good value for money.	£3,250.00
Total			£126,460.45

- **priority 1:** Support for unpaid carers as one key group adversely affected by the pandemic
- **priority 2:** Digital inclusion projects for older residents to reduce social isolation especially during prolonged periods of lockdown
- **priority 3:** Residents who have lost or are at risk of losing their jobs
- **priority 4:** Mitigating the risk of lost functionality and mobility in older residents

Round 2			
Organisation	Priority	About the project	Amount
African Cultural Association	P2	The project aims to train and teach a range of crafts to enable participants acquire skills with the view to set up their own business, work from home or gain employment or further their education. It is targeting BAME community, particularly those recovering from Long Covid, mental health illness, chronic fatigue, strokes and physical or mild learning disability, including refugees with low level of English. The programme will also facilitate peer support and help reduce loneliness, Isolation and enable participants to increase their employability.	£9,986.00
African Refugee Community (ARC)	P1	The programme will support service users to enable greater integration and well-being, as well as advice and advocacy assistance to help them restore their self-confidence. It will include provision of English and IT skills classes; well-being sessions and the parenting and family skills workshop; and three volunteers to provide support in the drop in sessions and logistical support in the running of the courses and workshops and drop in sessions. Beneficiaries will be encouraged to take on volunteering roles to expand the reach of the programme and to ensure they have a voice in the design and planning of our activities through regular focus group discussions and one-on-one interviews.	£10,000.00
Art Against Knives	P2	An innovative therapeutic support project with marginalised young people, addressing mental health inequalities in the wake of the pandemic. Initially, bringing together a group of young people through AAK's existing relationships, engaging with vulnerable young women through their nail bar spaces. Facilitated sessions by youth specialists and mental health professionals, will trial and test a framework to be rolled out to approximately 30 girls and young women over the 12 months.	£30,000.00

Barnet Asian Women's Association (BAWA)	P2	The project will allow to introduce the technology and training provision to help people stay connected and socially engaged. It will allow to connect care in the community resulting in improved accessibility, inclusivity, and digital literacy of BAWA's members.	£11,845.00
Barnwood N2 CIO	P3	The project will provide 2 groups of 12 older residents (aged 55 plus) living in the Barnwood area, initially, but also the wider Barnet area, post Covid and after periods of isolation and loneliness. Participants will be given the opportunity, to engage and connect to this local green space. There they will learn new and rewarding skills whilst improving their physical and mental well-being.	£9,740.00
Colindale Communities Trust (CCT)	P2	Provision of early or urgent intervention to a highly vulnerable community, with severe impact by Covid-19, to help them be more resilient and reduce and avert the mental health distress they are struggling with. The long-term goal is that this programme will reduce demand on statutory health services and provide a community-run programme supported by local people in paid employment, local volunteers and local community organisations looking to increase their referrals and cross-refer to other projects related to H&W so that residents have holistic support in this area.	£21,328.00
Community Focus Inclusive Arts	P2	The "Employability & Creativity" project aims to increase the employability skills of 30 young people with a project that mixes employability with creativity. Beneficiaries will learn new skills through the use of creativity and creative processes such as drama and storytelling. Project will target those who are statistically more likely to suffer from mental ill health: young carers, refugees, cared for young people thereby supporting prevention of mental ill health.	£9,950.00

Fulfil Your Potential CIC	P1	Advanced Journey to Freedom' psycho-educational therapeutic Domestic Abuse support group programme will be delivered online and facilitated by two fully qualified therapists and coaches. The main aim of our new advanced 'Journey to Freedom' programme is to take the most important concepts and ideas to a deeper level of embodiment and understanding in order to reduce the number of women who relapse back into their old habits and enter new abusive relationships as they have not managed to commit and believe in themselves fully	£6,691.00
Fun Unique Social Enterprise c.i.c.	P4	The project aims to support children and young people that attend the club activities, by providing necessary signposting support for them and their parents. Providing weekly food provision, workshops, and activities that promote good wellbeing and exploring the concepts around positive mental health. Innovatively with the funding we will be able to provide workshops for parents, something which we have successfully been able to pilot in the past, and joint workshops with parents/children.	£20,116.00
Give. Help. Share.	P4	This project has dual-focus: to provide healthy food to relieve the financial pressure of food insecurity amongst low-income families; and to target poorer health outcomes by educating young people on the importance of nutrition and eating a balanced diet, reducing the rate of obesity-related diseases. The children will be the health promoters within their family –armed with the knowledge to disseminate information and empower the whole family to make a behaviour change.	£14,030.00
Home-Start Barnet	P4	A parent/ family support programme targeting new BAME families, particularly those from Syria or Afghanistan. The project will focus on improving the health and wellbeing of families with young children from BAME and refugee communities, particularly those who lack local support networks and are at greater risk of health inequalities.	£64,944.00

icandance	P1	A creative, therapeutic group for young people with disabilities to support their emotional wellbeing following the challenges of the pandemic. Disabled young people will be offered a healthy physical activity which supports inclusion and connection through dance. Families living with a disabled young person will be given opportunities to celebrate their young person's abilities as well as being informed of new approaches to working with disabilities. This will enrich the wellbeing and positive emotional and physical health of the whole family.	£8,751.24
Kisharon	P3	Project aim is to redevelop the disused green space on the right-hand side of Child's Hill Library into an accessible community green space and multisensory garden for adults with learning disabilities, children, and the wider community.	£9,945.00
Live Unlimited	P4	A series short films, sharing the ideas, feelings and insights of care experienced by children and young people, in their own words. The 2 and 3 minute shorts will advocate the work of the charity and highlight the issues children in care and leaving care face without our support and intervention. Participants will gain digital and media skills and broaden their access to filmmaking as a potential career option, whilst Live Unlimited will work collaboratively with film and community partners to create compelling footage that can give wider community members and stakeholders insights into the needs of children in, or leaving care.	£8,844.20
Noa Girls	P1	'Social Giving' project will provide a unique avenue to reach vulnerable girls from the Barnet Jewish Orthodox community who are struggling with mental health challenges and/or difficult home situations. Project will empower girls to see themselves as individuals who have inherent talents and strengths, who can use these to make a unique difference to others' lives.	£12,075.00

Noah's Ark Children Hospice	P4	Additional palliative care services for 40 children (and their family) which will include a specialist carer - a health care assistant with specialist paediatric palliative care training - will support the lives of the children they support, the vast majority of whom won't reach their nineteenth birthday. Key activities will include weekly or fortnightly sessions of care for children with life-limiting or life-threatening conditions in the family home or at The Ark.	£37,413.64
Phoenix Canoe Club Limited	P2	The aim of the project is to connect to the groups that are hard to reach, offering any activity from their range to allow new people to experience "alternative" sports and hopefully get them taking part in the future on a more regular basis. The activities provide core learning experiences in self-reliance, teamwork, sharing, leadership, new skills, friendship, physical exercise, risk taking, problem solving and help with development of balance and fine motor skills.	£7,640.00
Rephael House	P1	This project is a group/s for parents/carers. it would support parents/carers of children who are already undertaking therapy at Rephael House; providing psychoeducation, as well as an opportunity for peer support. This would be specifically tailored to support children and young people undertaking therapy with mental health issues. It would also support the emotional and practical needs of the parents/carers.	£16,480.00
Resources for Autism	P1	A Dating Bootcamp for "Adults with autism" will allow to deliver a 34 weeks programme for 12 participants, of all genders aged between 18-30. The aim of the project is to improve the mental health and wellbeing of our autistic adults by reducing isolation and loneliness. Resources for Autism will link with other organisations and have already reached out to the metropolitan police and the FPA to deliver session content.	£30,000.00

SAFA CIC BURNT OAK COMMUNITY FOOD BANK	P2	The aim of the project is to launch weekly healthy “how to cook videos” with ideas on how to prepare healthy meals. Videos will be accompanied by recipe cards for those without the Internet. In addition, the videos will offer promotional platform for other healthy activities, such as the keep fit & football classes offered by BOCFB (after the pilot run) as well as collaborations with other Barnet service providers such as the Local Social Prescribing Link Worker Services, the Green Doctors, Unitas (programs they offer the youth), Mental Health Services to break down the taboo on accessing their services, Barnet Food Hub etc.	£10,000.00
The Friends of Mill Hill Park	P3	A programme of activities to make Mill Hill Park a key community focal point by creating a rolling year-round programme of activities for residents of all ages – providing healthy leisure and social interaction. 2022 portfolio of activities throughout the year includes Theatre in the Park, 10 Ways to Save the Planet, Tree Treasure Hunt and Teddy Bears Picnic, Autumn of Fun, Adult 5k run, Winter fair etc. Some activities will be delivered in collaboration with East Barnet or Sunny Hill Park.	£6,280.00
The Golf Trust		The main aim of the project is to provide a family activity that is inclusive for autistic children/young people, their parents and siblings. We believe this project is new and innovative because we are encouraging the whole family unit to be active together (including grandparents, siblings and parents).	£35,370.00
The Zen Project Community	P1	Project will take the bus into the heart of communities in Barnet to reach young people aged 16-25 who are either in homeless shelters, in care, or who are care leavers. Zen will partner with Centrepoin in Barnet, reaching residents in their Barnet Foyer hostel, working with their Care Leavers team in Barnet and with Live Unlimited, offering their services to their care leavers in Barnet.	£9,650.00

We Are Grow	P4	It is a 6-month outdoor learning programme delivered on the GROW Farm in Barnet for up to 60 individuals who experience poverty, personal, or social barriers to learning, healthy living, and access to green spaces. It will empower these families to make healthy food and lifestyle choices, encourage future local growers and improve participants' physical and mental well-being. Participating families will grow their own food using dedicated outside growing space on the GROW Farm.	£36,594.00
Wild about our woods CIO	P1	Conservation and practical skills programme for 48 young people mostly with SEN, English as a second language which will enable them to develop new skills and is likely to encourage some future conservation volunteers.	£9,147.00
		Total	£446,820.08

- **priority 1:** Mental health and wellbeing support, focusing on pandemic-related crisis support.
- **priority 2:** Projects that promote equality, diversity and inclusion, especially related to health.
- **priority 3:** Sustainable green spaces for healthy leisure projects.
- **priority 4:** Projects supporting families, children and young people, promoting family health.