

London Borough Of Barnet
2 Bristol Avenue
15 April 2024
Our ref: 11869292

Thank you for your request received on 3 April 2024, for the following information:

1. Which of the following non-specialist publicly-funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (please indicate if they currently exist, and if they used to exist if you hold this data)?

- a. Social prescribing
- b. Bereavement services
- c. Peer support
- d. Mental Health Support Teams
- e. School counsellors, mentors, or pastoral or key support workers
- f. Educational psychologists
- g. Youth groups
- h. Wellbeing cafes or mental health drop-in services
- i. Youth information, advice and counselling services (YIACS) / early support hubs
- j. Advice line for mental health issues
- k. Targeted service(s) for LGBTQ+ young people
- l. Targeted service(s) for young people from minority ethnic / racialised communities
- m. Targeted service(s) for other underserved groups (please list here)
- n. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)
- o. Art or music therapy
- p. Online support service / app
- q. Occupational therapy
- r. Any other service (please list here)

2. Do any of the following exist in your LA (please answer yes or no and elaborate if necessary)?

- a. A CAMHS or young people's mental health partnership board?
- b. A designated individual or team who coordinates partnership working across services for children and families / settings?
- c. Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?
- d. Evaluation of young people's outcomes following engagement with services?
- e. A young people's advisory group or official mechanism for young people to feed into service design and improvement?

3. Is there a single point of access for young people with a mental health concern? Please answer yes or no and elaborate if necessary.
4. Do you operate a 'no wrong door' approach? Please answer yes or no and elaborate if necessary.
5. Do young people have to be referred to access a mental health support service? Please answer yes or no and elaborate if necessary.
6. Are there specific services or approaches to ensure under-served groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? Please answer yes or no and elaborate if necessary.

We have processed this request under the Freedom of Information Act 2000.

Response

The council holds the information requested and the answers to your questions are below

1. Which of the following non-specialist publicly-funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (please indicate if they currently exist, and if they used to exist if you hold this data)?
2. Social prescribing **Not recruited to Social Prescribing young peoples post in Barnet. Future of programme reliant on funding.**
3. Bereavement services **We do not commission any specific bereavement service, however some of our CAMHS Mental Health providers will support CYP that are dealing with loss alongside other factors that are affecting their mental health.**
4. Peer support **Resilient Schools Programme, Peer Champions Commission. Also Brook Sexual Health Champions programme.**
5. Mental Health Support Teams **Yes**
6. School counsellors, mentors, or pastoral or key support workers **Exist in most schools**
7. Educational psychologists **Yes**
8. Youth groups **Unitas, Canada Villa, Youth Parliament, BING (SEND); BOP (Children in Care); Young Carers, Finchley Youth Centre, www.barnetyouth.uk,**
9. Wellbeing cafes or mental health drop-in services **Barnet Wellbeing service – has a delivery hub.**
10. Youth information, advice and counselling services (YIACS) / early support hubs **Young Barnet Foundation.**
11. Advice line for mental health issues **BICS, CAMHS 24/7 crisis line, Kooth**
12. Targeted service(s) for LGBTQ+ young people **Family Services Commissions**
13. Targeted service(s) for young people from minority ethnic / racialised communities **Family Services Commissions.**
14. Targeted service(s) for other underserved groups (please list here) **BICS, Leaving Care Team - UASC**
15. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3) **NCL**
16. Art or music therapy **BICS**
17. Online support service / app **Kooth, BICS**
18. Occupational therapy **We have internal Occupational Therapists.**
19. Any other service (please list here) **Brook My Life 1:1 support services,**

Barnet have three locality Early Help hubs that provide a range of services and activities for children pre-birth to 19 and their families. BICS offers a wide range of mental health and wellbeing services for CYPF in Barnet.

BICS: www.barnet.gov.uk/bics.

EH: [Early help for children, young people and families | Barnet Council](#)

Barnet Young People: [Barnet Youth – Child and Family Early Help Service - Advice & Support - Advice & Support \(Barnet Youth – Child and Family Early Help Service - Home - Home\)](#)

2. Do any of the following exist in your LA (please answer yes or no and elaborate if necessary)?
 3. A CAMHS or young people’s mental health partnership board? **Yes**
 4. A designated individual or team who coordinates partnership working across services for children and families / settings? **We have excellent partnership working across Family Services, and this is reflected in the Partnership Boards for the different areas of service**
 5. Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.? [Privacy notices | Barnet Council](#)
 6. Evaluation of young people’s outcomes following engagement with services? **Our activities and services plan with children and families and gather feedback, outcome measures, and evaluation at the end of activities and interventions to measure impact and outcomes.**
 7. A young people’s advisory group or official mechanism for young people to feed into service design and improvement? **Yes our MY SAY MATTERS STRATEGY and activities are all on the website [My Say Matters strategy | Barnet Council](#)**
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3. Is there a single point of access for young people with a mental health concern? Please answer yes or no and elaborate if necessary. **YES, BICS**
 4. Do you operate a ‘no wrong door’ approach? Please answer yes or no and elaborate if necessary. **YES. Requests for EH assessments and CSC are through MASH, universal and universal plus activities and services can be access via the Child and Family Early Help hubs, BICs service and Positive Activities team**
 5. Do young people have to be referred to access a mental health support service? Please answer yes or no and elaborate if necessary. **YES. However, BICS also offers drop-in clinics in the event of a critical incident. BICS also offers whole-school mental health/wellbeing groups/workshops.**
 6. Are there specific services or approaches to ensure under-served groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? Please answer yes or no and elaborate if necessary. **We talk to children, young people and families and local communities to identify needs and trends, this is supported by data and information sharing across the partnership to inform and aid development of services and activities at universal, universal plus and targeted areas of need.**

Further information

If you are interested in the data that the council holds you may wish to visit Open Barnet, the council’s data portal. This brings together all our published datasets and

other information of interest on one searchable database for anyone, anywhere to access. <http://open.barnet.gov.uk/>

Advice and Assistance : Direct Marketing

If you are a company that intends to use the names and contact details of council officers (or other officers) provided in this response for direct marketing, you need to be registered with the Information Commissioner to process personal data for this purpose. You must also check that the individual (whom you wish to contact for direct marketing purposes) is not registered with one of the Preference Services to prevent Direct Marketing. If they are you must adhere to this preference.

You must also ensure you comply with the Privacy Electronic and Communications Regulations (PECR). For more information follow this Link www.ico.org.uk

For the avoidance of doubt the provision of council (and other) officer names and contact details under FOI does not give consent to receive direct marketing via any media and expressly does not constitute a 'soft opt-in' under PECR.

Your rights

If you are unhappy with the way your request for information has been handled, you can request a review within the next 40 working days by writing to the Information Management Team at: foi@barnet.gov.uk. Or by post to Records & Information Management Service, Assurance Group, London Borough of Barnet, 2 Bristol Avenue, Colindale, NW9 4EW

If, having exhausted our review procedure, you remain dissatisfied with the handling of your request or complaint, you will have a right to appeal to the Information Commissioner at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF (telephone: 0303 123 1113; website www.ico.org.uk). There is no charge for making an appeal.